



Walking Since 1978

PERSATUAN LUMBA JALAN KAKI MALAYSIA

Race Walkers' Association of Malaysia

(No. Pendaftaran: 3027/2009)

Registered with Pejabat Pesuruhjaya Sukan Malaysia

39, Jalan SS 5A/6, 47301 Petaling Jaya, Selangor Darul Ehsan, Malaysia
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Website: www.racewalkermalaysia.com

WILAYAH PERSEKUTUAN WALKING CHAMPIONSHIP (WPWC) – 2013

General Rules/Regulations

The event is to be held under IAAF and MAJU and the specific rules of the Wilayah Persekutuan Walking Championship (WPWC) – 2013 Organizing Committee set out herein. The Wilayah Persekutuan Walking Championship (WPWC) – 2013 is hereafter being referred to as the "Walk Event".

1.0 Organizers

Persatuan Lumba Jalan Kaki Malaysia

1.1 Co-operation

Unit Sukan MSS Wilayah Persekutuan Kuala Lumpur
Nestle Malaysia Sdn Bhd

2.0 Participation

This walk is open to all Wilayah Persekutuan Schools. The Organizing Committee reserves the right to reject any entry or entries received without giving any reason and any decision of rejection shall be final.

3.0 Venue

3.1 Stadium Mini Sri Permaisuri, Cheras, Kuala Lumpur

4.0 Date & Time

Sunday, July 7, 2013 07.00 Hours

5.0 Categories of Participants

7/7/2013

A: Boys – Under 12 year's old	1200 Meters
B: Boys – Under 14 year's old	2000 Meters
C: Boys – Under 16 year's old	5000 Meters
D: Girls – Under 12 year's old	1200 Meters
E: Girls – Under 18 year's old	2000 Meters
F: Girls – Under 16 year's old	3000 Meters

6.0 Entry Fees -

6.1 Any Category – **Per Circuit RM10.00** (Inclusive T-shirt, Milo Drink & Certificate)

6.2 Entry Fees must be paid **4 Days before** the event by **Cash Deposit or Online Transfer** to **Persatuan Lumba Jalan Kaki Malaysia**.

6.3 Walkers must email or fax the bank in slip as proof to racewalkermalaysia@gmail.com once payment is made.

6.4 Walkers that failed to perform above Claus 6.2 & 6.3 will be rejected by RWAM

6.5 No refund or entry being carried forward to the next circuit is allowed.

6.6 RWAM will not accept any last minute entry or payment on the event day.

7.0 Health/Fitness of Competitors

7.1 All competitors who take part in this walk must be medically fit to participate the whole duration of the Wilayah Persekutuan Walking Championship 2013.

7.2 While every possible step is taken to ensure the safety of competitors, the Organizing Committee will not be responsible for any accident, injuries or death however caused before, during or after the competition.

8.0 Numbers

8.1 Competitors shall wear only numbers provided by the Organizing Committee.

8.2 The numbers must be pinned onto the clothing of the competitor, one number on the chest and another at the back. The numbers should not be stitched onto the competitor's clothing.

8.3 No tampering with the competition numbers is allowed and any competitor doing so will be disqualified.

8.4 No transfer of competition number to another competitor or another person is allowed. Any such transfer will result in automatic disqualification.

9.0 Conduct

9.1 Any competitor found guilty of misconduct will be disqualified.

9.3 Competitor must wear clothing which is clean and so designed and worn as not to be objectionable. The clothing must be made of a material which is non-transparent even if wet.

9.4 Any jostling, obstruction or interpersonal act of aggression by one competitor against another aimed at impeding his/her progress shall be liable for disqualification.

9.5 Pacer is not allowed during the Walk Event. Any competitor found with a pacer will be liable for disqualification.

10.0 Race Attire for Prize Presentation

10.1 Only T-shirts issued by the Organizing Committee can be worn by the competitors when attending the Prize Presentation ceremony.

11.0 Closing Date

11.1 The Closing Date **3 July 2013**

11.2 All entry/entries must be sent to either:

PERSATUAN LUMBA JALAN KAKI MALAYSIA

5th Floor, Wisma MKH Berhad,

Jalan Semenyih, 43000 Kajang, Selangor

Tel: 03-8737 8228 (Ext 5020)

Website: www.racewalkermalaysia.com

Fax: 03-8736 5436

Email: racewalkermalaysia@gmail.com

12.0 Dispute

12.1 If there is any dispute in the interpretation of these Rules the decision of the Organizing Committee will be final and conclusive. No appeal or correspondence will be entertained.

12.2 The decision of the Organizing Committee is final and no appeal or correspondence will be entertained.

13.0 Medal & Certificates

13.1 Winner (1st, 2nd & 3rd) will be awarded a Medal & Certificate

13.2 Certificates of Participation will be awarded to all walkers.

14.0

Time:

Categories

Distance

7.00 am	- Registration of all competitors – 30 minutes before each competition start	
7.30 am	- Start – C: Boys – Under 16	- 5000 Meters
8.10 am	- Start – F: Girls – Under 16	- 3000 Meters
8.40 am	- Start – B: Boys – Under 14	- 2000 Meters
8.40 am	- Start – E: Girls – Under 14	- 2000 Meters
9.00 am	- Start – A: Boys – Under 12	- 1200 Meters
9.00 am	- Start – D: Girls – Under 12	- 1200 Meters

15.0 Bank in Account:

Once deposited the entry fees, kindly fax/email over the bank in slip/receipt to racewalkermalaysia@gmail.com

Fax 03-8736 5436

Name :	Persatuan Lumba Jalan Kaki Malaysia
Bank Country :	MALAYSIA
Bank Branch Name :	Maybank, Kuala Lumpur Main Branch.
Bank Branch Address :	No. 100, Jalan Tun Perak, 50000 Kuala Lumpur.
Bank Number/Code :	MAYBANK - 514 011 717 390
Supplier,s Bank Account Number :	514 011 717 390
SWIFT Code/IBN Code :	MBBEMYKL
Bank Account Currency :	Ringgit Malaysia

16.0 For more information, please visit our Race Walker Official Website: www.racewalkermalaysia.com

Email: racewalkermalaysia@gmail.com .

Tel: 03-8737 8228 (Ext 5020) Fax: 03-8736 5436