



Walking Since 1978

MKH WALK 2018 ENTRY FORM



START December 16th, 2018 – 7:00am (Sun)
ENDS December 16th, 2018 – 10:00am (Sun)

CLOSING DATE

November 16th, 2018

T-SHIRT SIZE		CATEGORY	AGE	ENTRY FEES & PARTICIPANT ENTITLEMENT		REPORTING TIME	FLAG OFF TIME	TICK (✓)
Size	Tick (✓)							
XXS		A MEN OPEN	18 yrs & above (born in/or before 2000)	RM40/pax	<ul style="list-style-type: none"> • Event T-Shirt • Finisher Medal • Lucky draw chance 	6:30AM	7:00AM	
		B WOMEN OPEN						
XS		C MEN VETERAN	45 yrs & above (born in/or before 1973)					
		D WOMEN VETERAN						
S		E BOY U-18	18 yrs & below (born in/or after 2000)	RM20/pax	<ul style="list-style-type: none"> • Event T-Shirt • Finisher Medal • Lucky draw chance 			
		F GIRL U-18						
M		G BOY U-12	12 yrs & below (born in/or after 2006)					
		H GIRL U-12						
L		J FAMILY FUN WALK	2 Adults + 1 Child (minimum) *Adults must be 18 years old above *Children must be below 12 years old	RM60/team	<ul style="list-style-type: none"> • Event T-Shirt • Finisher Medal • Lucky draw chance 			
XL								
XXL								

FULL NAME _____
(According to Identity Card)

I/C NO. _____ **AGE (AS AT 31 DEC 2018)** _____ **GENDER (M/F)** _____

E-MAIL _____ **MOBILE NO.** _____

ADDRESS _____

POSTCODE _____ **CITY** _____ **STATE** _____

Please state your team name if you are participating in FAMILY FUN WALK: _____

*Each team must consist of two (2) adults (above 18 years old) and minimum one (1) child (below 12 years old).
*More than one (1) child can participate, but race kits will only be given to the three (3) team members who signed up for the category.
*Each team member must complete one (1) entry form to confirm participation.

EMERGENCY CONTACT DETAILS

Please give details of the person you would like us to contact in the event of an emergency.

FULL NAME _____ **RELATIONSHIP** _____ **MOBILE NO.** _____

ADDRESS _____

DECLARATION

- I hereby declare that I am medically fit and I am entering this event at my own risk and would not hold the organizing committee responsible for any injuries for accidents, which may occur before, during and after the event.
- I have read and agree to abide by the Rules & Regulations of the MKH Walk 2018.

PARTICIPANT/GUARDIAN SIGNATURE _____ **DATE** _____

ENCLOSED HERewith ONLINE TRANSFER SLIP / CHEQUE NO. _____ **RM** _____.

SUBMITTING ENTRY FORMS AND PAYMENT METHODS

- Online registration portal:** adrenalineaddict.asia
- Manual Registration**
Kindly email the bank slip and completed form(s) to racewalkermalaysia@gmail.com

Bank Account PERSATUAN LUMBA JALAN KAKI MALAYSIA
MAYBANK - 514 011 717 390

- Walk-in cash payment with completed form(s) at Wisma MKH, at the details below:-

Address 2nd Floor, Wisma MKH, Jalan Semenyih, 43000 Kajang.
Tel 03-8737 8228 **Fax** 03-8736 5436

For more information, visit www.racewalkermalaysia.com or visit our Facebook [racewalkermalaysia/](https://www.facebook.com/racewalkermalaysia/)