



Walking Since 1978

PERSATUAN LUMBA JALAN KAKI MALAYSIA

Race Walkers' Association of Malaysia

(No. Pendaftaran: 3027/2009)
Registered with Pejabat Pesuruhjaya Sukan Malaysia

Unit 2.2A, Wisma OCM, Jalan Hang Jebat, 51000, Kuala Lumpur, Malaysia
Tel: 012-2007716 / 019-9345106 Fax: 03-87365436

Website: www.racewalkermalaysia.com email: racewalkermalaysia@gmail.com

Junior Development Programme (JDP) – 2023 ***Special Race**

General Rules/Regulations

The event is to be held under World Athletic (WA) and Malaysia Athletic Federation (MAF) and the specific rules of the Junior Development Programme (JDP) – 2023 Organising Committee set out herein. The Junior Development Programme (JDP) – 2023 is hereafter being referred to as the "Walk Event".

1.0 Organisers & Co-organiser

Persatuan Lumba Jalan Kaki Malaysia
Federal Territory Kuala Lumpur Athletic Association (FTKLAA)

1.1 Official Partners

Nestle Malaysia Sdn Bhd
MKH Berhad

2.0 Participation

This walk is open to all Malaysians and Foreigners. The Organising Committee reserves the right to reject any entry or entries received without giving any reason and any decision of rejection shall be final.

3.0 Venue

3.1 Stadium MSN Setiawangsa, Kuala Lumpur

4.0 Date & Time

Saturday, 16 December 2023 - 07.00 Hours

5.0 Categories of Participants

	16/12/2023
A: Men Open – Above 15 years old	5000 Meters
B: Women Open – Above 15 years old	3000 Meters
C: Boys – Under 15 years old	2000 Meters
D: Girls – Under 15 years old	2000 Meters
E: Boys – Under 12 years old	1200 Meters
F: Girls – Under 12 years old	1200 Meters
G: Boys – Under 9 years old	800 Meters
H: Girls – Under 9 years old	800 Meters

6.0 Conditions of Entry & Fees -

6.1 Men & Women (Open) Categories above 15 years old – **RM15.00**

6.2 Boys & Girls under 9yr, 12yr & 15yr old Categories – **RM10.00**

6.3 **No 50% discount for RWAM member.**

6.4 Participants are encouraged to register Online at www.racewalkermalaysia.com

6.5 No refund will be made once submitted or wrongly entries or multiple.

6.6 **Substitution is NOT allowed.**

6.7 **RWAM will not accept any last-minute entry or payment on the event day.**

6.8 **Age calculation are based on December 31, 2023**

7.0 Health/Fitness of Competitors

7.1 All competitors who take part in this walk must be medically fit to participate the whole duration of the Junior Development Programme 2023

7.2 While every possible step is taken to ensure the safety of competitors, the Organising Committee will not be responsible for any accident, injuries or death however caused before, during or after the competition.

8.0 Cash Prizes, Medal & Certificates

8.1 Category Winner (1st, 2nd, 3rd, 4th & 5th) will be awarded a **Medal & Cash Prizes.**

8.2 Certificates will be awarded during the final circuit.

8.3 **Cash prizes will not be awarded if any category start less than 5 walkers.**

8.4 Winners must be present for the prize presentation. No representatives are allowed. Failed to do so, prize money will be forfeited. Winners are encouraged to take part for the final circuit.

Code	Categories	1st	2nd	3rd	4th	5th
A	Men Open	RM200	RM150	RM100	RM70	RM50
B	Women Open	RM200	RM150	RM100	RM70	RM50
C	Boys – Under 15 years old	RM150	RM100	RM70	RM50	RM30
D	Girls – Under 15 years old	RM150	RM100	RM70	RM50	RM30
E	Boys – Under 12 years old	RM150	RM100	RM70	RM50	RM30
F	Girls – Under 12 years old	RM150	RM100	RM70	RM50	RM30
G:	Boys – Under 9 years old	RM100	RM70	RM50	RM30	RM20
H:	Girls – Under 9 years old	RM100	RM70	RM50	RM30	RM20

9.0 Record Breaker

- 9.1 Winner of Record Breaker will be determined by breaking the record as stated here in the chart.
- 9.2 Only 1 winner of each category will receive triple (x 3) cash prizes.
- 9.3 Example: Category A: Men open Champion + record breaker will receive First prize RM200 + additional RM600 (RM200 x 3 triple) = RM800.
- 9.4 Every time a new record being break will automatically updated/recorded accordingly into the chart.

2015-2022 JDP Record Holder

Category	Record Holder	Distance	Time	Date Created	Venue
A: Men Open	Mior Muhd Amerul B Muhd Sahak	5000M	0:23:29	26 Mar 2017	MSN Setiawangsa
B: Women Open	Elena Goh Lin Yin	3000M	0:15:07	26 Mar 2017	MSN Setiawangsa
C: Boys Under 15	Khor Jing Hong	2000M	0:09:18	7 Mar 2020	Std Bola Sepak K.Lumpur
D: Girls Under 15	Kok Hui Ying	2000M	0:10:08	7 Mar 2020	Std Bola Sepak K.Lumpur
E: Boys Under 12	Muhammad Hafiy B Muhamad Mazuan	1200M	0:06:13	10 Dec 2022	MSN Bukit Jalil K.Lumpur
F: Girls Under 12	Farisyah Amani Mohd Yusrizal	1200M	0:06:24	10 Dec 2022	MSN Bukit Jalil K.Lumpur
G: Boys Under 9	Muhammad Hafiy B Muhd Mazuan (NR)	800M	0:04:50	7 Mar 2020	Std Bola Sepak K.Lumpur
H: Girls Under 9	Nur Safiah Qaisara Bt Muhd Fadzli (NR)	800M	0:04:58	7 Mar 2020	Std Bola Sepak K.Lumpur

10.0 Numbers

- 10.1 The organiser will only issue a pair (2 pcs) of number bib to the competitors.
- 10.2 Competitors shall wear and reuse the number in all circuits provided by the Organising.
- 10.3 The numbers must be pinned onto the clothing of the competitor, one number on the chest and another at the back.
- 10.4 No tampering with the competition numbers is allowed and any competitor doing so will be disqualified.
- 10.5 No transfer of competition number to another competitor or another person is allowed. Any such transfer will result in automatic disqualification.
- 10.6 Walkers are responsible on their numbers, any lost of number will be penalty RM10.00 and replacement of numbers are subject to number availability.

11.0 Conduct

- 11.1 Any competitor found guilty of misconduct will be disqualified.
- 11.2 Competitor must wear clothing which is clean and so designed and worn as not to be objectionable. The clothing must be made of a material which is non-transparent even if wet.
- 11.3 Any jostling, obstruction or interpersonal act of aggression by one competitor against another aimed at impeding his/her progress shall be liable for disqualification.
- 11.4 Pacer is not allowed during the Walk Event. Any competitor found with a pacer will be liable for disqualification.

12.0 Race Attire for Prize Presentation

- 12.1 Only T-shirts issued by the Organising Committee can be worn by the competitors when attending the Prize Presentation ceremony.

13.0 Closing Date

- 13.1 The Closing Date for each Walk Event shall be **7 days before race day**.
- 13.2 All entry must be register through:

- **Online Registration:** www.racewalkermalaysia.com
- **Group Paper Submission:** racewalkermalaysia@gmail.com

14.0 Dispute

- 14.1 If there is any dispute in the interpretation of these Rules the decision of the Organising Committee will be final and conclusive. No appeal or correspondence will be entertained.
- 14.2 The decision of the Organising Committee is final and no appeal or correspondence will be entertained.

15.0 Schedule Date of Junior Development Programme (JDP)

15.1 Sunday, 16 December 2023 07.00 Hours

Time:	Categories	Distance
7.00 am	- Registration of all competitors (<i>Number Bib & T-shirt collection</i>)	
7.30 am	- Start – A: Men Open	- 5000 Meters
7.33 am	- Start – B: Women Open	- 3000 Meters
8.10 am	- Start – C: Boys – Under 15	- 2000 Meters
8.10 am	- Start – D: Girls – Under 15	- 2000 Meters
8.30 am	- Start – E: Boys – Under 12	- 1200 Meters
8.50 am	- Start – F: Girls – Under 12	- 1200 Meters
9.00 am	- Start – G: Boys – Under 9	- 800 Meters
9.15 am	- Start – H: Girls – Under 9	- 800 Meters
9.30 am	- Race End / Group Photo	
10.00am	- Prize Giving Ceremony	
10.30am	- End	

16.0 Bank in Account:

Once deposited the entry fees, kindly fax/email over the bank in slip/receipt to racewalkermalaysia@gmail.com

Name:	Persatuan Lumba Jalan Kaki Malaysia
Bank Branch Name:	Maybank, Kuala Lumpur Main Branch.
Bank Branch Address:	No. 100, Jalan Tun Perak, 50000 Kuala Lumpur.
Bank Number/Code:	MAYBANK - 514 011 717 390
SWIFT Code/IBN Code:	MBBEMYKL

17.0 For more information, please visit our Race Walker Official Website: www.racewalkermalaysia.com

Tel: 019-9345106 (WH Yap - WhatsApp) Email: racewalkermalaysia@gmail.com