



Walking Since 1978

# MKH SEREMBAN INTERNATIONAL 12 HOUR WALK 2014

## ENTRY FORM

**Start:** December 6, 2014 – 2000 hours (Sat)  
**Ends:** December 7, 2014 – 0800 hours (Sun)

**REGISTRATION FEE:** 12 Hour + 50km  
**RM95/** - Before Nov 23, 2014 (Early Bird)  
**RM115/** - Oct 6 to Nov 2, 2014 (Normal)  
**RM150/** - Nov 3 – Nov 23, 2014 (Late Entry)

**Closing Date: November 23, 2014**

Membership Number: \_\_\_\_\_  
*\*RWAM Members are entitled to RM10 discount*

**FREE – Mix Team Category** (At least 1 Female)  
*You must first registered as an Individual*

### **INDIVIDUAL ONLY** - \*ADDITIONAL RM5.00 PROCESSING FEES FOR PAPER / BY HAND SUBMISSION

Name: .....  
(According to Identity Card/Passport only)

IC / Passport No.....

Age as at December 31, 2014: ..... Date of Birth ..... Sex: Male / Female

Address: .....  
.....

Country: ..... Post Code: ..... E-mail address: .....

Tel. No: ..... Mobile Phone No..... Fax No. ....

T-Shirt Size: (XS / S / M / L / XL / XXL / XXXL)

Please indicate category: -

- A – Men Open: 12 Hour Walk + 50km (All included in 1 entry fees)
- B – Women Open: 12 Hour Walk + 50km (All included in 1 entry fees)
- C – Mixed Team: 12 Hour Walk (At Least 1 Female Walker)

**Contact person in case of emergency:** ..... Phone Num: .....

Have you participated in any walking event before? Yes / No

If Yes, provide details .....

### **TEAM CATEGORY**

Name of Team: .....

Name of Team Leader: .....

#### **Declaration:**

1. I hereby declare that I am medically fit and I am entering this event at my own risk and will not hold the organizing committee responsible for any injuries for accidents which may incur before, during and after the event.
2. I declare that my age is above 18 years of age and correctly calculated against the date of birth stated in my identity card/Passport.
3. I have read and agree to abide by the Rules & Regulations of the MKH-Seremban International 12 Hour Walk 2014.

Signature: ..... Date: .....

Enclosed herewith Online Transfer Slip / Cheque No ..... RM .....

**\*WANG POS IS NOT ACCEPTED**

**Bank Account:** PERSATUAN LUMBA JALAN KAKI MALAYSIA  
**MAYBANK - 514 011 717 390**

**For Paper Submission, please post to:**  
No 39, Jalan SS5A/6, 47301, Petaling Jaya,  
Selangor, Malaysia

**Online Registration:** [www.themarathonshop.com.my](http://www.themarathonshop.com.my)

**Website:** [www.racewalkermalaysia.com](http://www.racewalkermalaysia.com)