



PERSATUAN LUMBA JALAN KAKI MALAYSIA

Race Walkers' Association of Malaysia

(No. Pendaftaran: 3027/2009)

Registered with Pejabat Pesuruhjaya Sukan Malaysia

Unit 2.2A, Wisma OCM, Jalan Hang Jebat, 51000, Kuala Lumpur, Malaysia

Tel: 012-2007716 / 019-9345106 Fax: 03-87365436

Website: www.racewalkermalaysia.com email: racewalkermalaysia@gmail.com

Junior Development Programme (JDP) – 2020

General Rules/Regulations

The event is to be held under World Athletic (WA) and Malaysia Athletic Federation (MAF) and the specific rules of the Junior Development Programme (JDP) – 2020 Organising Committee set out herein. The Junior Development Programme (JDP) – 2020 is hereafter being referred to as the "Walk Event".

1.0 Organizers

Persatuan Lumba Jalan Kaki Malaysia

1.1 Co-operation

Nestle Malaysia Sdn Bhd

Federal Territory Kuala Lumpur Athletic Association (FTKLAA)

2.0 Participation

This walk is open to all Malaysians and Foreigners. The Organising Committee reserves the right to reject any entry or entries received without giving any reason and any decision of rejection shall be final.

3.0 Venue

3.1 1st Circuit: Stadium Mini Seri Permaisuri, Cheras Kuala Lumpur

3.2 2nd Circuit: Stadium Mini Seri Permaisuri, Cheras Kuala Lumpur

3.3 3rd Circuit: Stadium Mini Seri Permaisuri, Cheras Kuala Lumpur

4.0 Date & Time

1st Circuit: Saturday, 7 March 2020 07.00 Hours

2nd Circuit: Saturday, 15 Aug 2020 07.00 Hours

3rd Circuit: Saturday, 24 October 2020 07.00 Hours

5.0 Categories of Participants

	7/3/2020	15/8/2020	24/10/2020
A: Men Open – Above 15 years old	5000 Meters	5000 Meters	5000 Meters
B: Women Open – Above 15 years old	3000 Meters	3000 Meters	3000 Meters
C: Boys – Under 15 years old	2000 Meters	2000 Meters	2000 Meters
D: Girls – Under 15 years old	2000 Meters	2000 Meters	2000 Meters
E: Boys – Under 12 years old	1200 Meters	1200 Meters	1200 Meters
F: Girls – Under 12 years old	1200 Meters	1200 Meters	1200 Meters
G: Boys – Under 9 years old <i>(New!)</i>	800 Meters	800 Meters	800 Meters
H: Girls – Under 9 years old <i>(New!)</i>	800 Meters	800 Meters	800 Meters

6.0 Conditions of Entry & Fees -

6.1 Men & Women (Open) and TBC Category above 15 years old - **3 Circuits RM50.00 (All In)**

6.2 **Boys & Girls under 9, 12 & 15 years old Categories - 3 Circuits RM30.00 (All In)**

6.3 RWAM member will entitle for **50% discount**, reimbursement will be done on competition day.

6.4 Participants are encouraged to register Online at www.racewalkermalaysia.com

6.5 No refund will be made once submitted or wrongly entries or multiple.

6.6 **Substitution is NOT allowed.**

6.7 **RWAM will not accept any last-minute entry or payment on the event day.**

6.8 **Age calculation are based on December 31, 2020**

7.0 Health/Fitness of Competitors

7.1 All competitors who take part in this walk must be medically fit to participate the whole duration of the Junior Race-Walking Championship 2020.

7.2 While every possible step is taken to ensure the safety of competitors, the Organising Committee will not be responsible for any accident, injuries or death however caused before, during or after the competition.

8.0 Cash Prizes, Medal & Certificates

8.1 **EACH CIRCUIT** & Category Winner (1st, 2nd, 3rd, 4th & 5th) will be awarded a **Medal & Cash Prizes.**

8.2 Certificates will **ONLY** be awarded during the final circuit with winners who participated **any 2 CIRCUITS.**

8.3 **Cash prizes will not be awarded if any category start less than 5 walkers.**

8.4 Winners must be present for the prize presentation. No representatives are allowed. Failed to do so, prize money will be forfeited. Winners are encouraged to take part for the final circuit.

Code	Categories	1st	2nd	3rd	4th	5th
A	Men Open	RM200	RM150	RM100	RM70	RM50
B	Women Open	RM200	RM150	RM100	RM70	RM50
C	Boys – Under 15 years old	RM150	RM100	RM70	RM50	RM30
D	Girls – Under 15 years old	RM150	RM100	RM70	RM50	RM30
E	Boys – Under 12 years old	RM150	RM100	RM70	RM50	RM30
F	Girls – Under 12 years old	RM150	RM100	RM70	RM50	RM30
G:	Boys – Under 9 years old <i>(New!)</i>	RM100	RM70	RM50	RM30	RM20
H:	Girls – Under 9 years old <i>(New!)</i>	RM100	RM70	RM50	RM30	RM20

9.0 Record Breaker

9.1 Winner of Record Breaker will be determined by breaking the record as stated here in the chart.

9.2 Only 1 winner of each category will receive triple (x 3) cash prizes.

9.3 Example: Category A: Men open Champion + record breaker will receive

First prize RM200 + additional RM600 (RM200 x 3 triple) = RM800.

9.4 Every time a new record being break will automatically updated/recorded accordingly into the chart.

9.4 Category G & H best timing will be identified during the first circuit on 7 March 2020.

2015-2019 JDP Record Holder

Category	Record Holder	Distances	Time	Date Created	Venue
A: Men Open	Mior Muhd Amerul B Muhd Sahak	5000M	0:23:29	Mar 26, 2017	MSN Setiawangsa
B: Women Open	Elena Goh Lin Yin	3000M	0:15:07	Mar 26, 2017	MSN Setiawangsa
C: Boys Under 15	Khor Hong Chun	2000 M	0:09:52	Mar 26, 2017	MSN Setiawangsa
D: Girls Under 15	Nurul Alyahaziqah B Kamarazaman	2000M	0:10:57	Aug 27, 2016	MSN Setiawangsa
E: Boys Under 12	Jacky Wong Tiam Foo	1200M	0:06:40	July 7, 2018	MSN Setiawangsa
F: Girls Under 12	Kok Hui Ying	1200M	0:06:41	Mar 26, 2017	MSN Setiawangsa
G: Boys Under 9	New Category	800M	-	March 7,2020	-
H: Girls Under 9	New Category	800M	-	March 7,2020	-

10.0 Numbers

10.1 The organiser will only issue a pair (2 pcs) of number to the competitors.

10.2 Competitors shall wear and reuse the number in all circuits provided by the Organising.

10.3 The numbers must be pinned onto the clothing of the competitor, one number on the chest and another at the back.

10.4 No tampering with the competition numbers is allowed and any competitor doing so will be disqualified.

10.5 No transfer of competition number to another competitor or another person is allowed. Any such transfer will result in automatic disqualification.

10.6 Walkers are responsible on their numbers, any lost of number will be penalty RM10.00 and replacement of numbers are subject to number availability.

11.0 Conduct

11.1 Any competitor found guilty of misconduct will be disqualified.

11.2 Competitor must wear clothing which is clean and so designed and worn as not to be objectionable. The clothing must be made of a material which is non-transparent even if wet.

11.3 Any jostling, obstruction or interpersonal act of aggression by one competitor against another aimed at impeding his/her progress shall be liable for disqualification.

11.4 Pacer is not allowed during the Walk Event. Any competitor found with a pacer will be liable for disqualification.

12.0 Race Attire for Prize Presentation

12.1 Only T-shirts issued by the Organising Committee can be worn by the competitors when attending the Prize Presentation ceremony.

13.0 Closing Date

13.1 The Closing Date for the Walk Event shall be **10 days before event day**.

13.2 All entry must be register through:

- **Online Registration:** www.racewalkermalaysia.com
- **Group Paper Submission:** racewalkermalaysia@gmail.com

14.0 Dispute

14.1 If there is any dispute in the interpretation of these Rules the decision of the Organising Committee will be final and conclusive. No appeal or correspondence will be entertained.

14.2 The decision of the Organising Committee is final and no appeal or correspondence will be entertained.

15.0 Schedule of 3 Circuit Dates of Junior Development Programme (J.D.P)

15.1 **1st Circuit: Saturday, 7 March 2020 07.00 Hours**
2nd Circuit: Saturday, 15 August 2020 07.00 Hours
3rd Circuit: Saturday, 24 October 2020 07.00 Hours

Time:	Categories	Distance
7.00 am	- Registration of all competitors – 30 minutes	before each competition start
7.30 am	- Start – A: Men Open	- 5000 Meters
7.30 am	- Start – B: Women Open	- 3000 Meters
8.10 am	- Start – C: Boys – Under 15	- 2000 Meters
8.10 am	- Start – D: Girls – Under 15	- 2000 Meters
8.30 am	- Start – E: Boys – Under 12	- 1200 Meters
8.50 am	- Start – F: Girls – Under 12	- 1200 Meters
9.00 am	- Start – G: Boys – Under 9	- 800 Meters
9.15 am	- Start – H: Girls – Under 9	- 800 Meters

16.0 Bank in Account:

Once deposited the entry fees, kindly fax/email over the bank in slip/receipt to racewalkermalaysia@gmail.com

Name:	Persatuan Lumba Jalan Kaki Malaysia
Bank Branch Name:	Maybank, Kuala Lumpur Main Branch.
Bank Branch Address:	No. 100, Jalan Tun Perak, 50000 Kuala Lumpur.
Bank Number/Code:	MAYBANK - 514 011 717 390
SWIFT Code/IBN Code:	MBBEMYKL

17.0 For more information, please visit our Race Walker Official Website: www.racewalkermalaysia.com

Tel: 019-9345106 (WH Yap - WhatsApp) Email: racewalkermalaysia@gmail.com